



MIDLAND EXPLORATION ANNOUNCES THE GRANT OF OPTIONS

Montreal, February 22, 2013. Midland Exploration Inc. (“**Midland**”) (**TSX-V : MD**) announces that it has granted incentive stock options to employees, directors, officers and consultants of Midland to acquire an aggregate of 345,000 common shares at \$1.25 per share, for a period of 10 years. These incentive stock options have been granted in accordance with Midland’s Stock Option Plan.

About Midland

Midland targets the excellent mineral potential and the favourable investment climate of Quebec to make the discovery of new world-class deposits of gold, base metals and rare earth elements. Midland is proud to count on reputable partners such as Agnico-Eagle Mines Limited, Osisko Mining Corporation, North American Palladium Limited, Japan Oil, Gas and Metals National Corporation and SOQUEM Inc. Midland prefers to work in partnership and intends to quickly conclude additional agreements in regard to newly acquired properties. Management is currently reviewing other opportunities and projects to build up the Company portfolio and generate shareholder value.

For further information, please consult Midland’s website or contact:

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This press release may contain forward-looking statements that are subject to known and unknown risks and uncertainties that could cause actual results to vary materially from targeted results. Such risks and uncertainties include those described in Midland's periodic reports including the annual report or in the filings made by Midland from time to time with securities regulatory authorities.